

The Voice



The American Society of Jalisco

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March 2006 Edition

Usagui

Contributed by Don Mencl

Mitsuko and I recently had lunch at the Usagui restaurant, which is located in an old house a few doors down from Macdonald's on Pedro Moreno.

Like the original Usagui on Mañual Acuna, Usagui #2 serves excellent Japanese food. I usually have *fish teppanyaki* and Misuko had *tempura vegetables and fish*. Ordering special dishes is no problem since the owner, Ms Mizuki Hirasawa, speaks excellent English and Spanish, in addition to her native Japanese.

The restaurant has several dining areas that would be ideal for semi-private parties. It is open every day (except Thursday) from noon until 9:00 pm, although the hours are in flux at the moment and it is advisable call and check with Mizuki beforehand.

Usagui is at Pedro Moreno 1485, about three blocks from the US consulate. Tel. 3825-7895

Coming Events



Saint Patrick's Day Luncheon

Wednesday, March 15, 2006

Bar Opens 12:00, Lunch served 1:30

Menu

Smoked Beef Brisket and Vegetables

Tickets on sale at the clubhouse: *\$90 in advance*

Members \$100/Guests \$110 at door.

Special thanks...

I want to thank all those good people who helped with the Valentine's Luncheon: Bob

Letendre, who did most of the work; Uwe Meller, who made the salads and came up with some

great ideas. Special thanks to Don and Mitsuko Mencl who bravely took on the job of cleaning up after us, even though this was too much work for two people. (We need more volunteers to help at future events.) I mustn't forget to thank Bruce Newby, who did the shopping and tended the bar, and Regis Soileau who sat at the desk greeting guests while we slaved over hot stoves. Thanks, guys. *Vicki*.

As the saying goes

Whether they give or refuse, women are glad to have been asked.

Ovid

The secret of being boring is to say everything.

I disapprove of what you say, but I will defend to the death your right to say it.

Voltaire

Fitness and Aging

I was advised by one of our members, a retired the medical professional, to avoid this subject as it had the potential to raise unwanted issues, however, I'm afraid could not resist going against his advice. The following is a regimen of simple exercises that should not cause undue harm to anyone who takes the proper precautions against over stimulation.

A New Weekly Workout Plan

(Valley Spirit Journal, January 1, 2005)

Monday

Beat around the bush
Lift yourself up by the bootstraps
Make mountains out of molehills
Get all fired up
Jump to conclusions

Tuesday

Drag your heels
Make your point
Push your luck
Pull your own weight
Hit the nail on the head

Wednesday

Bend over backwards
Jump on the bandwagon

Grab all you can get
Run around in circles
Shoulder your share of the responsibility

Thursday

Shop till you drop
Hang loose
Grind to a halt
Rest and recuperate

Friday

Push it to the limit
Pull out all the stops
Add fuel to the fire
Pave the roadway to hell
Throw it all away

Saturday

Open a can of worms
Put your foot in your mouth
Start the ball rolling
Go overboard

Sunday

Pick up the pieces.
Wade through the morning paper
Lift your spirits
Toot your own horn

If you get tired of those, here are a few alternatives of my own that you can substitute:

Swim against the tide	Carry a grudge
Run up a tab	Punch the clock
Pull a fast one	Go with the flow
Get in the swing	Buck the system

V. Wootton

**Board of Directors Meeting
The American Society of Jalisco
February 15, 2006**

Present: Sergio Garcia, Walter Januszko, Bob Letendre, Uwe Meller, Don Mencl, Bruce Newby, Regis Soileau, Vicki Wootton,

Absent: Ann Whiting, Frank Raimo

Meeting called to order at 10:32, Bruce Newby presiding, and a quorum was declared.

- i. Minutes of the January meeting were accepted.
- ii. Treasurer's Report was presented. The 2005 annual report showed an \$11,750 peso increase in net income over the previous year. Expenses in January exceeded income due to items such as property taxes that usually occurs at this time of year. Treasurer's report was accepted.
- iii. There was a short discussion regarding people consuming coffee and soft drinks without paying

for them. There has been a noticeable drop in income from this source since service was moved into the main room. No solution was suggested, other than have the person at the desk monitor consumption. We also heard from Lupita that more people are being served at the monthly luncheons than there are tickets sold.

- iv. Don Mencl reported on his meeting with the people at Lloyds regarding the security of funds. Lloyds is a licensed investment house and is not therefore covered by government insurance that protects banks. Lloyds claim they have been in business for over forty years and consider themselves stable and secure. People who have deposits in Lloyds report a good return on their investments. Don suggested moving more of our funds to a bank and purchasing another certificate of deposit.

Meeting adjourned at 11:00

Congratulations and Thanks to Sandie Hayes



Photo by David Landes

Bob Letendre congratulates **Sandie Hayes** upon completion of ten years as a volunteer at AmSoc.

NOTICE

AA in English

Meeting times: Mon., Wed., Fri. at 6:00 pm

Address: Alcamo 3077 between Yaquis & Pablo Cassals, Col. Providencia.

Tel. Group - 3601-1179, Info. - Matt 3944-6430

This Month in World History

March

March 1, 1961 - President John F. Kennedy establishes the Peace Corps

March 4, 1681 - King Charles II grants a huge tract of land in the New World to William Penn to settle an outstanding debt. The area later became Pennsylvania.

March 11, 1918 - The 'Spanish' influenza first reached America as 107 soldiers become sick at Fort Riley, Kansas. One quarter of the U.S. population eventually became ill from the deadly virus, resulting in 500,000 deaths. The death toll worldwide approached 22 million by the end of 1920.

March 12, 1938 - Nazis invade Austria, then absorb the country into Hitler's Reich.

March 15, 44 B.C. - Julius Caesar assassinated in the Senate chamber in Rome by Brutus and fellow conspirators.

March 16, 1968 - My Lai Massacre occurs as American soldiers of Charlie Company slaughter 504 Vietnamese men, women, and children.

March 19, 2003 - The United States launches an attack against Iraq to topple dictator Saddam Hussein from power, in spite of UN refusal to support the operation..

March 22, 1972 - The Equal Rights Amendment to the U.S. Constitution passed by the U.S. Senate and then sent to the states for ratification. The ERA eventually failed (by 3 states) to achieve ratification despite an extension of the deadline to June 1982.

March 24, 1989 - The largest oil spill in U.S. History occurs as the oil tanker *Exxon Valdez* runs aground in Prince William Sound off Alaska, resulting in 11 million gallons of oil leaking into the natural habitat over a stretch of 45 miles.

March 25, 1807 - The English Parliament abolishes the slave trade following a long campaign against it by Quakers and others.

March 27, 1977 - The worst accident in the history of civil aviation occurs as two Boeing 747 jets collide on the ground in the Canary Islands, resulting in 570 deaths.

AmSoc Board of Directors



Photo by David Landes

Swearing-in of the new Board of Directors took place at the January Luncheon. *L-R* Ewe Meller, Regis Soileau, Bob Letendre, Don Mencl, Vicki Wootton, Ann Whiting, Frank Raimo. Not appearing in this photo are Sergio Garcia and Walter Januszko. Bruce Newby (below) is hidden behind Bob.



AmSoc March Calendar

Mon	Tue	Wed	Thu	Fri
		1 Aerobics 9:00 Spanish Lessons 11:00	2 Lunch 12:30 Games 1:00	3 Aerobics 9:00 Lunch 12:30 Mail pick-up 12:00 Social Friday
6 Aerobics 9:00 Spanish Lessons 11:00 Lunch 12:30	7	8 Aerobics 9:00 Spanish Lessons 11:00	9 Lunch 12:30 Games 1:00	10 Aerobics 9:00 Lunch 12:30 Mail pick-up 12:00 Social Friday
13 Aerobics 9:00 Spanish Lessons 11:00 Lunch 12:30	14 Board meeting	15 Aerobics 9:00 Spanish Lessons 11:00 St. Patrick's Day Luncheon – 12:00	16 Lunch 12:00 Games 1:00	17 Aerobics 9:00 Lunch 12:30 Mail pick-up 12:00 Social Friday
20 Aerobics 9:00 Spanish Lessons 11:00 Lunch 12:30	21	22 Aerobics 9:00 Spanish Lessons 11:00	23 Lunch 12:00 Games 1:00	24 Aerobics 9:00 Lunch 12:30 Mail pick-up 12:00 Social Friday
27 Aerobics 9:00 Spanish Lessons 11:00 Lunch 12:30	28	29 Aerobics 9:00 Spanish Lessons 11:00	30 Lunch 12:00 Games 1:00	31 Aerobics 9:00 Lunch 12:30 Mail pick-up 12:00 Social Friday

Visit the American Society website: www.amsocmex.com

Check SERVICES for listings of local professionals and service people.

Announcement:

If you have a question you would like answered, send it to us and maybe we can find an answer.

Email to: la.inglesa@gmail.com