

The Voice

DISCOVERIES

By Sandra Hayes

I know there are lots of new and wonderful restaurants out there, I just need you to share with me. Meanwhile, we have a nice recommendation from Jack Nibeker for a new beach destination. We will soon have a report from members who are giving it a try.

SAN BLAS AND LOS COCOS, NAYARIT

Hotel Garza Canela, San Blas: Excellent rooms, service and restaurant plus the best gift shop in San Blas. The beach is about 1Km from the hotel but the hotel pool is excellent.

Hotel Casa Mañana, Los Cocos: Owned and operated by Sr. Rinehart, an Austrian. Excellent pool, restaurant and beach. On weekends numerous families from Tepic come to Casa Mañana for the day causing crowding and lots of children. Beautiful sunsets.

La Otovara: A boat ride you should take. You'll see crocodiles and interesting birds. There is swimming and a restaurant and the short boat ride is very interesting. I usually rent a boat and boatman for myself rather than go with a boatload of tourists from a PV cruise ship.

Matanchen Bay: Very nice *palapas* and the swimming is the best in the area.

San Blas town: Not much to see and do. The pool and garden of the *Hotel Garza Canela* are pleasant with comfortable chairs and umbrellas. The old fort and customs house are interesting. There is a restaurant, *McDonald's* (not the US chain—started by a friend of mine and operated by his son Mike). Reasonably priced but nothing like the *Garza Canela*.

Jejenes: San Blas is famous for its jejenes or “no-see-ums”, almost invisible biting mosquitoes that come out each evening for about 45 minutes. One can avoid them by staying inside or buy a repellent at any drugstore or the hotels. The only evening excitement is to sit in the plaza and watch the people go by and listen to the birds.

If this isn't your “cup of tea”, continue on the road in front of the *Casa Mañana* to *Las Varas*, turn right, Pass *Rincon de Guayabitos*, *San Francisco* and *Lo de Marcos*, but do stop at *Sayulita* for a good beach and excellent restaurant, *Don Pedro*, on the beach. (Closed Tuesdays). All the excitement of *Puerto Vallarta* is only a half hour from *Sayulita*.

Thanks Jack!

Profile

Regis Soileau

Regis (Reggie) Soileau, born in Lafayette, Louisiana, is a true Cajun. Although Reggie's parents spoke fluent French, he regrets never learning his ancestral lan-

gauge himself. The eldest of four boys, he had a happy childhood, growing up in a country town where his father owned a furniture store. The family also raised cattle and kept horses. His happiest memories are of riding horseback on the family farm. Reggie says he enjoyed school. As a child, he had two ambitions: to be Elvis Presley, or become a cowboy.

The most tragic event in Reggie's life was his father's sudden death at the age of 51 of a heart attack. Reggie was very close to his parents and losing them affected him deeply. When asked to recall his happiest moment, Reggie claimed his whole life was happy, although if he had it to do over again, he would take better care of his health.

Reggie has been married twice and has a son and a daughter plus five grandchildren. He claims to be on amicable terms with his first wife, who had been his high school sweetheart. He is now happily married to Maria, who, he says, "keeps me in the manner to which I am accustomed."

After spending many years as a manufacturer's rep for a number of furniture companies, including Thomasville, Reggie changed course and went into the Satellite industry.

His philosophy of life is "laissez-faire", in other words, no one has the right to interfere with another's freedom. Reggie's favorite music is Blues, and his pet peeve is "griping old fogies". With a positive attitude like his, is it any wonder Reggie is such an amiable fellow?

Quotable Quotes

"I don't want to achieve immortality through my work... I want to achieve it by not dying." *Woody Allen (atrib.)*

When asked the secret of longevity at the age of eighty, *Sophie Tucker* replied, "Keep breathing." (*Atrib.*)

June Events

Fathers' Day Luncheon

Our chefs for this event are Lupita and Rosie.

Menu: barbecued ribs with corn-on-the-cob, mashed potatoes, and a tossed salad. This will be followed by apple pie and ice-cream. Provisions will be made for vegetarians.

Bar opens at 12:30 and lunch is served at 1:30

June birthdays

Happy birthday to Lee Collins (June 28) and Lupita (June 30)!

Calendar

Mon	Tue	Wed	Thu	Fri
		1	2 Lunch Games	3 Social US Mail pickup
6 Lunch	7 Board Meeting 10:30	8	9 Lunch Games	10 Social US Mail pickup
13 Lunch	14	15 Fathers' Day Lunch	16 Lunch Games	17 Social US Mail pickup
20 Lunch	21	22	23 Lunch Games	24 Social US Mail pickup
27 Lunch	28	29	30 Lunch Games	

Recipe of the Month

Braised Salmon

Ingredients

- 1 small salmon with the head and tail removed (cut in half if it's too large for the pan)
- 1 onion, chopped into chunks
- 2 carrots, peeled and chopped
- 1 large stick of celery, chopped
- 1 cup of water
- 2 tablespoons of vinegar
- A sprig of parsley
- Salt and pepper

Method

Place all the ingredients in a covered pan and simmer on low heat until the fish is tender. Great eaten cold with a salad.

I got this recipe from my father who was a chef. This method of cooking fish enhances its flavour and removes any oiliness. It is suitable for other types of fish.

Vicki

Footnote: Send us your favourite recipe and we will publish it in The Voice.

May Board Meeting

American Society of Jalisco
Board of Directors Meeting
May 10, 2005

Present: Ann Whiting, Bruce Newby, Regis Soileau, Al Klob, Walter Januszko, Don Mencl, David Landis, Frank Raimo, Shirley Wardzinski, Jack Sinon, Vicki Wootton.

Absent: Sergio Garcia, Ruth Rentz, Bob Letendre.

- I. Quorum declared at 10:30.
- II. April minutes amended and accepted.
- III. Treasurer's report accepted without last year's comparison.

IV. Old business.

V. President's report on Independence Day event.

1. To be combined with American Legion at Post 3 on July 3.
2. Menu discussed.
3. AmSoc raffle tickets to be sold separately. *Prizes needed!*
4. Metal work committee delayed until funds are available.

VI. New business.

1. Governor of Guanajuato, Juan Carlos Romero Hicks, to visit and commend AmSoc's water conservation efforts.
2. AmSoc staff wages raised in accordance with Mexican standards.
3. Ann and Vicki finalizing the design of new AmSoc Brochure to be published in collaboration with Lloyds.
4. Ann to act as liaison with *Instituto Cultural* for October Fest.
5. Calls will be made to local members who have not been to AmSoc recently.
6. The board expressed its thanks to Uve Meller for the volunteering to prepare the May luncheon.

Meeting adjourned at 12:40

Urgently Needed!

Donations for the Bargain Boutique.

The first thing people ask when they come to the boutique is, "anything new?" Unfortunately, they are often disappointed. They may not keep coming back unless we do something. How about it folks?

We also need donations of new items or gift certificates for the Independence Day Raffle.