

The Voice

September 2013

The American Society of Jalisco, SA
La Sociedad Americana de Jalisco, SA

September Events

Mexican Independence Day Luncheon

14 September—Doors open 12 noon

Menu will be taquiza, quesadillas, gorditas and dessert.
50/50 raffle.

Tickets \$90 pesos, Doors open 12 Noon, lunch 1:30p.m.



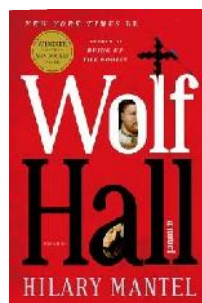
AmSoc Book Club

Wolf Hall by Hilary Mantel

In this New York Times best seller and award winning historical novel we are carried back to a chaotic period in England during the 1520's. We see the fall of Cardinal Wolsey orchestrated by court intrigues. We see the rise of Thomas Cromwell as one of the most powerful men in England at that time. We see the contortions of Henry VIII as he maneuvers to have Anny Boleyn replace his first wife in spite of Thomas More's resistance. Intrigues upon intrigues form the life of the times.



The 2:00 p.m. movie will be episodes from The Tudors TV series.



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Inside

Board Minutes	2/4
Bus Ticket	2
Cataract surgery	3
Editor's note	2
Humour - John Cleese	3
Quotations	4

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New Emergency Phone Number

The management has changed at San Miguel Funeral home. Elizabeth Munguia has assumed the duties of funeral director & the policies will remain the same, only the **Emergency cell-phone # (044) 331 388 5627** has changed. The office # 3825 1556 has not changed.

Be sure to stop by AmSoc and pick up a new business card with the updates at your earliest convenience. *Jim Watkins*

Advertising Rates (Pesos)

Members: \$30/m. \$300/an.
Non-Members: \$50/m. \$500/an.
Half-page one-time ad \$100

AMSOC Board Meeting Minutes

August 20, 2013

Present:

Ann Whiting, Jerry Dankner, Diane Golz, John Griffin, Bruce Newby, Regis Soileau, Alejandra Vielma, Jim Watkins, Joan White.

The meeting was called to order at 10:35 AM with a quorum in attendance.

Treasurer's report:

With the new solar system, thanks to a significant donation from Bruce, the electric bills have been \$60 and \$69 pesos, instead of the \$3,000 to \$4,000 pesos before its installation. The treasurer's report was reviewed and accepted by unanimous vote.

Committee Reports:

The 4th of July /Canadian Independence Day celebration was successful with 55 attendees.

Old Business:

- 1.The Junior League is up to date.
- 2.Jerry will purchase medicines here for our upgraded medicine cabinet and we will label them in English. Bruce offered to build a medicine cabinet, as opposed to buying one that is only slightly larger than the one we have.
- 3.Thank you Bruce for the new printer, which has been installed.
- 4.We are very grateful to Bruce for all the bookcases.

New Business:

- 1.Based upon requests from our women members, we will designate the smaller bathroom as women only and the larger one as unisex, since the larger one in the entry is also used by the people upstairs.
- 2.AMSOC will cover the US \$13 per month for the telephone modem and everyone at the desk is asked to make sure that users pay for its use.
- 3.We reviewed the donations from other facility users and agreed that the only increase will be \$100 pesos per month from the AA group
- 4.John pointed that that the By Laws require that a Voice be published monthly. Jerry will create an August Voice using articles from the ECHO published by Pauline.
- 5.Diane suggested a more informative handout for newcomers. Jerry suggested that she review the information page in our AMSOC web site and evaluate it's possible use or modification to serve this purpose.

Event Schedule:

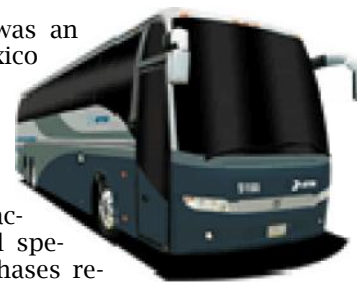
- 1.Mexican Independence Day taquiza on the 14th of September.
- 2.October-fest celebration Saturday the 5th of October.
- 3.Halloween and Day of the Dead celebration Thursday the 31st of October
- 4.Thanksgiving celebration Thursday the 28th of November.

Editor's note: In the above minutes, Canada's national holiday is referred to as Independence Day, however Canada does not have an independence day. Canada chose to remain in the British family of nations, now known as The British Commonwealth. The national holiday is officially called *Canada Day* and commemorates the creation of Canada as a unified nation. Vicki

A Bus Ticket

© Pauline Van Havere

Honestly, all I wanted was an ETN bus ticket to Mexico City! It seemed like a good idea at the time to buy this online. All went well until the payment stage. No problem I thought, since I had acquired a CIBC Visa card specifically for online purchases related to travel.



I carefully entered all the Visa card information including the 15 digit account number, the expiry month and year, and the 3 digit code on the back of the card, making sure to type my name *exactly* as it appears on the card. I proudly hit the "Confirm button". But instead of reading: "Thank-you very much and have a good trip!" I was asked for my "Verified by Visa" password.

Rats! That's the extra security layer added on to online purchases by Visa. MasterCard has one called your "Secure Code". I don't make so many online purchases that these passwords are just rattling around in the back of my head for instant retrieval. Besides, that's where I keep the bats. So I scrambled around in my paper files and dug out what I thought was the Verified by Visa password.

And I was rejected! Yes, yours truly was rejected! Bitterly, I repeated the entire process with my MasterCard which I normally reserve for my bank account use. Of course my original seat choice was no longer available since it was tied to the prior failed transaction. "Failed" - such a nasty word.

I spent the rest of afternoon on the Skype phone to Visa getting my "Verified by Visa" password reset. Guess I shouldn't complain about extra security, but really, it gets confusing when you have to remember:

- a.) the 15 digit card number;
- b.) the 3 digit number on the back of the card;
- c.) the expiry month (in numeric form) and year (just 2 digits) of the card;
- d.) the 4 digit numeric pin number for the card;
- e.) the more-than-8-character-alphabetic-with-at-least-one-digit password

for online access to your account information;

f.) the more-than-8-character-alphabetic-with-at-least-one-digit password for

your online purchases at some but not all Web sites.

I should write a book - oh wait! I just did.

Humour

Threats to Europe in 2012 by John Cleese

The English are feeling the pinch in relation to recent events in Libya, Egypt and Syria and have therefore raised their security level from "Miffed" to "Peeved." Soon, though, security levels may be raised yet again to "Irritated" or even "A Bit Cross." The English have not been "A Bit Cross" since the blitz in 1940 when tea supplies nearly ran out.

Terrorists have been re-categorized from "Tiresome" to "A Bloody Nuisance." The last time the British issued a "Bloody Nuisance" warning level was in 1588, when threatened by the Spanish Armada.

The Spanish are excited to see their new submarines ready to deploy. These beautifully designed subs have glass bottoms so the new Spanish navy can get a really good look at the old Spanish navy.

A final thought: Greece is collapsing, the Iranians are getting aggressive, and Rome is in disarray. Welcome back to 430 BC.

John Cleese - British writer, actor and tall person, who lives in California.

Thanks to Pauline for this contribution

Salud Integral

Ubicación: Club de AmSoc
San Francisco 3332 Chapalita

Stress Management

Physiotherapy · Massage Therapy

Rehabilitation · Sciatica · Sprains

Reflexology · Bioenergetics

Pain Management

Post-surgery Therapy

Rehabilitaci3n post-cirug3a

Masaje relajamiento

Manejo del dolor

Reflexolog3a · Depilaci3n laser

Emergency house calls

Terapeuta

Leticia (Lety) Rodriguez

044-333-103-2528



New Vision: Cataract Surgery

by Vicki Wootton

If it hadn't been for healthcare regulations in the Province of British Columbia, I might be blind in a few years. As it is, I now have better vision than I've ever had, and am no longer threatened with glaucoma.

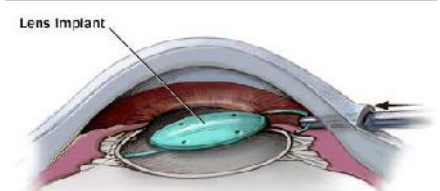
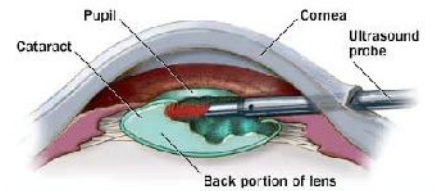
It came about because I needed a new prescription for my glasses and when I went to an optician to get it, I was told they aren't allowed to prescribe for people over 65 until they've had a complete eye exam. So off I went to an optometrist (eye doctor) for testing. It was a very thorough exam, the result of which was referral to an eye surgeon. It seems that, in addition to cataracts, I also had glaucoma. The surgeon was so concerned about the glaucoma that he immediately did a laser procedure—making holes with a laser all around my irises—to start relieving the pressure. I wouldn't have known about these problems if I hadn't returned to Canada.

From my first appointment in September, 2012, I had to wait until January 2013 to see the surgeon, and until July 19th for the first operation. I had the second eye done last week.

It's a simple operation done under local anesthetic. The surgeon makes a small incision in the top of the eyeball, takes out the old lens and inserts a new implant. It takes less than fifteen minutes, and you don't feel a thing. He has two operating rooms, and while he works in one, the other is made ready for the next patient. It's like an assembly line in the waiting room; they even gave us numbers so they wouldn't call the wrong patient. When I had the second procedure, I didn't even realize the surgeon had started before he began to peel off the protective cover from my face, he finished so fast.

The lenses he inserts are made to a specific prescription for the patient, and once they are in place, most of his or her vision problems should be corrected. I did have to get new glasses because I still needed them for reading and using the computer, but the new ones weight about a quarter of the old, thick ones. I'm still unable to use my left eye, but that's something that can never be corrected, except in infancy.

The only thing I found bothersome was having to instill 3-4 eye drops 4 times a day for 2-3 weeks. I didn't have to pay for anything but the prescription eye drops (around \$200); everything else was covered by the universal health-care system.



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AmSoc Board Minutes

July 09, 2013

Present:

Ann Whiting, Jerry Dankner, Diane Golz, John Griffin, Bruce Newby, David Ruiz, Regis Soileau, Alejandra Vielma, Jim Watkins.

The meeting was called to order at 10:30 AM with a quorum in attendance.

Treasurer's report:

Financial results of the 4th of July /Canadian Independence Day celebration will be reported next month. The treasurer's report was reviewed and accepted by unanimous vote.

Committee Reports:

The 4th of July /Canadian Independence Day celebration was successful with 60* attendees.

Old Business:

1. The Junior League donations are pending.
2. Jerry will investigate a new First Aid cabinet, for which Pauline has offered a \$500 peso donation. Thank you Pauline for your generosity.

New Business:

1. The upstairs bathroom will be for the exclusive use of David who will also assume responsibility for its maintenance, with the possible exception of our Thanksgiving and Christmas Posada celebrations.
2. To thank Maria de la Luz Arechiga for her help during lunch, it was agreed to give her an honorary membership in AMSOC.
3. Bruce has offered to donate a laser printer to AMSOC to replace the one that is not working.

Event Schedule:

1. Mexican Independence Day taquiza on the 14th of September.
2. October-fest celebration Saturday the 5th of October.
3. Halloween and Day of the Dead celebration Thursday the 31st of October
4. Thanksgiving celebration Thursday the 28th of November.
5. Christmas Posada tentatively scheduled for Saturday the 14th of December.

The meeting adjourned at 11 AM.

* The number of guests at the 4th of July celebrations is an estimate

Quotations

Few people are capable of expressing with equanimity opinions which differ from the prejudices of their social environment. Most people are even incapable of forming such opinions.

Albert Einstein

How much can we ever know about the love and pain in another heart? How much can we hope to understand those who have suffered deeper anguish, greater deprivation, and more crushing disappointments than we ourselves have known?

Orhan Pamuk

Finance is the art of passing money from hand to hand until it finally disappears.

Robert Sarnoff

No hay ningún provecho donde no hay ningún placer.

William. Shakespeare

When I was younger, I could remember anything, whether it had happened or not.

Mark Twain



Recovery Corner

Alcoholics Anonymous - Chapalita Friends of Bill W. AA Group have their meetings in the main Am-Soc building. **Monday, Wednesday & Friday from 6:00 PM to 7:00 PM.**

Lunch and Meeting Group - Open Meetings

Annex of San Antonio de Padua Church

Lázaro Pérez 1410, between Escorza and Rayon One block south of Niños Héroes and one block east of Enrique Diez de Leon. **Tuesday, Thursday and Saturday from 12 noon to 1 p.m.**

English-speaking Dentist

Dra. Olga C. Sanchez Vergara
Diplomado Ortodoncia
y Cirujano Dentista

Cleaning \$450p - Filling \$550
X-Ray \$70 - Crown \$1,200

Calle Juan Alvarez 672
2½ blocks east of Federalismo

Tel: 33-3614-3890

Cel: 044-33-1220-2715

Weekly Calendar

AA Meeting	Mon, Wed, Fri 6 p.m.
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Thursday	
Book Club	10:30 a.m.
Lunch	12:30
Games	11 a.m. 4 p.m.

Saturday	
English Conversation	2 - 4 p.m.