

The Voice



January Events

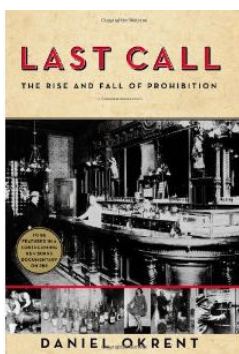
From 8:30 AM January 1

Hot cakes and eggs,
Soup and sandwich for lunch

College bowl on the big screen all day.

Bookclub

10 am Thursday, January 10th



Our next book club selection, available on Kindle and AudioBook is *Last Call: The Rise and Fall of Prohibition* by **Daniel Okrent**. The book is a brilliant, authoritative, and fascinating history of America's most puzzling era, the years 1920 to 1933, when the U.S. Constitution was amended to restrict one of America's favorite pastimes: drinking alcoholic beverages. The meeting will take place at 10 am Thursday January 10th, followed by a documentary on the book at 2 pm. Lunch is available at 12 noon.

Message from Amsoc President

Dear Members and Friends of AmSoc,

As you may know, AmSoc has been serving the community of Guadalajara for 67 years. In the 80's and 90's we had a membership over 3,000, but now we are significantly fewer. Your Board does all it can to maintain our headquarters and your Society in the black.

Now we need your help!

We can always use more volunteers and if you will check our projected budget for 2013 you will see that it takes a lot to keep our Society going.

Our main sources of income are membership dues and the events that we hold. We try to keep our costs down as much as possible but it is necessary to make a profit on each event or we cannot run the Society.

We hope that you will continue to support our events and we welcome all ideas to improve them.

Many thanks to all of the Board members who work so hard so that you may have a Society to attend.

Best wishes for a Happy and Prosperous New Year!

Ann Whiting, President, and
AmSoc Board of Directors



January 2013 Edition

The American Society of Jalisco A.C.
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Visit our website for more event photos and lots of other information

Website:
www.amsocguadalajara.org

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Photo of Ann by Carlos Ruiz Checa

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Am Soc Posada 2012



L. Salvation Army Choir
R. U.S. Consul Susan
Abeta & spouse Victor,
Ann Whiting,
Michelle Roublet,
& Salman Khan
© Carlos Ruiz Checa



India Hails its First Polio-Free Year



\$1 billion and 23 years of volunteer work donated by Rotary club members worldwide made the dream a reality. The incidence of infection plunged during that time from 350,000 cases in 1988 to fewer than 1,000 cases in 2010. Tens of millions of dollars were also donated to the cause by Microsoft founder Bill Gates.

Aung San Suu Kyi 'Wins Landslide Landmark Election' as Myanmar Rejoices

The Nobel Peace Prize winner, Aung San Suu Kyi, along with other leaders in the National League for Democracy claimed a landslide victory in a series of election contests in April, after spending much of the last

two decades under arrest.

Three Major Cancer Breakthroughs

1. Researchers have identified 'cancer stem cells' to be responsible for causing a tumor to grow.
2. Jack Andraka, a 15-year-old Maryland teen, won the top prize at the Intel Science Fair for his new and simple dip-stick method to detect pancreatic, lung and ovarian cancers, which is 90% accurate and 28 times less expensive.
1. Stanford researchers identified an antibody that was found to dramatically shrink or eradicate human cancer tumors.

UN Goal Achieved: A billion More Get Safe drinking water

The goal of reducing by half the number of people without access to safe drinking water has been achieved well ahead of the 2015 deadline for reaching the globally agreed target. Over two billion people gained access to improved drinking water sources between 1990 and 2010, the United Nations said in March.

My Picks:

International recognition of the Syrian Opposition

Representatives of more than 120 countries and organizations meeting in Morocco have agreed to recognize the newly formed Syrian opposition coalition as the "legitimate representative" of the Syrian people.

The United Nations recognized Palestine as a sovereign state for the first time,

The UN General Assembly has voted overwhelmingly to recognize Palestine as a non-member observer state. (VW)

Good news

What a dreadful news-year 2012 was. It came to the point where I was reluctant to open any of my news feeds, the headlines were so dire. That's why I've sifted through the news of the past year to find some of good things that happened in the past year. These are not in any particular order of importance.

Mexico's Mayas faced 21 December with ancestral calm

Amid a worldwide frenzy of advertisers and new-agers preparing for a Maya apocalypse, one group was approaching 21 December with calm and equanimity—the people whose ancestors *supposedly* made the prediction in the first place. Mexico's 800,000 Mayas are not the sinister, secretive, apocalypse-obsessed race they've been made out to be. When asked about the end of a major cycle in the 5,125-year Mayan Long Count calendar, a period known as the 13th Baktun, many responded with a healthy dose of homespun Maya philosophy. Archaeologists say there is no evidence the Maya ever made any such prophesy.

US teen smoking declines to record low in 2012

20 December 2012 - Cigarette smoking among American teenagers dropped to a record low in 2012, a decline that may have been partly driven by a sharp hike in the federal tobacco tax... Longer-term trends showed teen smoking rates dropping by about three-fourths among eighth graders, two-thirds among 10th graders, and by half among 12th graders since a peak in the mid-1990s, researchers said.

Library Corner

For all western fans, especially Louis L'Amour fans!
by Bette Drummond

Now available in the AmSoc Library are several Louis L'Amour books that have been made into movies and TV shows. These include: *The Sacketts* with Sam Elliot and Tom Sellick; *Shalako* with Sean Connery; *The Shadow Riders* with Tom Selleck, Sam Elliot and Ben Johnson; *The Man Called Noon*; *The Diamond of Jeru*; *Hondo*; the Aussie TV series *Five Mile Creek* based on L'Amour's *Cherokee Trail*; and possibly *Cohagher*. There is no guarantee that these shows are highly rated or good quality. There are also a few Louis L'Amour books on the shelves, if you can catch them when they are not checked out. We welcome donations of books by this author (and any others) at any time to the AmSoc library.

Quotations

The deeper that sorrow carves into your being, the more joy you can contain Khalil Gibran

Americans are benevolently ignorant about Canada, while Canadians are malevolently well informed about the United States. J. Bartlett Brebner

One of the lessons of history is that nothing is often a good thing to do and always a clever thing to say. Will Durant

El ayer es ya un sueño y el mañana es solo una visión, pero el hoy, bien vivido, convierte todo ayer en un sueño de felicidad y cada mañana en una visión de esperanza. P. Pio de Pietrelcine

Humorous Quote

Procrastination is the art of keeping up with yesterday.
Don Marquis

Critic's choice Best Movies of 2012

- ♦ BEST PICTURE
 - Argo Beasts of the Southern Wild
 - Django Unchained Les Miserables
 - Life of Pi Lincoln
 - The Master Moonrise Kingdom
 - Zero Dark Thirty Silver Linings Playbook
- ♦ BEST ACTOR
 - Bradley Cooper – Silver Linings Playbook
 - Daniel Day-Lewis – Lincoln
 - John Hawkes – The Sessions
 - Hugh Jackman – Les Miserables
 - Joaquin Phoenix – The Master
 - Denzel Washington – Flight
- ♦ BEST ACTRESS
 - Jessica Chastain – Zero Dark Thirty
 - Marion Cotillard – Rust and Bone
 - Jennifer Lawrence – Silver Linings Playbook
 - Emmanuelle Riva – Amour
 - Quvenzhané Wallis – Beasts of the Southern Wild
 - Naomi Watts – The Impossible

- ♦ BEST SUPPORTING ACTOR
 - Alan Arkin – Argo
 - Javier Bardem – Skyfall
 - Robert De Niro – Silver Linings Playbook
 - Philip Seymour Hoffman – The Master
 - Tommy Lee Jones – Lincoln
 - Matthew McConaughey – Magic Mike
- ♦ BEST SUPPORTING ACTRESS
 - Amy Adams – The Master
 - Judi Dench – Skyfall
 - Ann Dowd – Compliance
 - Sally Field – Lincoln
 - Anne Hathaway – Les Miserables
 - Helen Hunt – The Sessions

AmSoc Board Meeting Minutes December 18, 2012

Present:

Ann Whiting, Jerry Dankner, John Griffin, Bruce Newby, David Ruiz, Regis Soileau, Alejandra Vielma, Jim Watkins, Joan White with guests Bob Fields and Cliff and Cam Esser.

The meeting was called to order at 10:30 AM with a quorum in attendance.

Treasurer's report:

The treasurer's report was reviewed and accepted by unanimous vote.

Committee Reports:

1. David has completed and placed in frames the photos of 16 Board Members and volunteers but still needs four frames. His suggestion is to hang the photos over the desk and asked each person to provide the number of years of service to AMSOC.
2. With regards to the membership committee, David plans to host a welcome to Guadalajara support group the second and fourth Tuesday of January, with others to act as hosts during the following months. These events are intended to serve as informational as well as motivate membership in AMSOC.
3. Our Thanksgiving event had 94 attendees and the Christmas Posada hosted 38, including the new Consul General and her husband.

Old Business:

Although costs are increasing, it was decided not to raise the annual individual \$400 peso membership dues. However, to encourage annual payment, the dues for 6 months will be \$220 pesos effective January 2013.

New Business:

1. The Christmas and vacation bonuses were paid to Lupita and Rocio in accordance with Mexican law. They will be on vacation starting Monday December 24th and will return to work on Tuesday January 8th.
2. AMSOC will be open during the holiday season:
 - Dec 24 – 9:00 AM until 12:30 PM
 - Dec 25 – potluck from 9:00 AM to 4:00 PM
 - Dec 31 -- 9:00 AM until 12:30 PM

3. Jan 1 -- hot cakes and eggs at 8:30 AM, soup and sandwich for lunch plus college bowl on the big screen TV all day.
4. Thursday lunch prices, starting in January, will reflect the increased cost of food: salad will go from \$25 pesos to \$30 pesos and the entrée from \$50 pesos to \$55 pesos.
5. Thanks to Pauline for making the new curtains (to reduce the ambient sunlight in the library area, as needed) and to Bruce for their installation. We plan to reimburse Pauline.
6. Ann will draft a letter and Bruce will talk to the AA groups asking them to be more careful with the coffee service to avoid spillage on tables, chairs and the floor, especially near the electronics.

Event Schedule:

1. Our first Board of Directors meeting in 2013 will be at 10:30 AM on Tuesday, January 15th.
2. The installation of the 2013 AMSOC officers and board of directors will be held during our regular Thursday luncheon, on the 24th of January 2013, at 12:30 AM.

Other

Bob Fields read a prepared letter expressing some concern about the article in the Guadalajara Reporter on August 11, 2012 and offering his support and suggestions on increasing our AMSOC membership and maintaining our AMSOC society strong and vibrant. A well done and heartfelt thank you to Bob. The meeting adjourned at 11:50 AM.

Notices and Announcements

Salud Integral

Ubicación: Club de AmSoc - San Francisco 3332 Chapalita
Stress Management

- Physiotherapy · Massage Therapy
- Rehabilitation · Sciatica · Sprains
- Reflexology · Bioenergetics
- Pain Management · Post-surgery Therapy
- Rehabilitación post-cirugía
- Masaje relajamiento · Manejo del dolor
- Reflexología · Depilación laser

Emergency house calls
Terapeuta: Leticia (Lety) Rodriguez
044-333-103-2528

English-speaking Dentist

Dra. Olga C. Sanchez Vergara
Cleaning \$450p - Filling \$550
X-Ray \$70 - Crown \$1,200
Calle Juan Alvarez 672
2½ blocks east of Federalismo
Tel: 614-3890 - Cel: 044-33-1220-2715

Weekly Calendar

Light exercise

Monday & Wednesday 10 a.m. - 11a.m.

AA Meetings

Mon, Tues, Wed, Fri. 6 p.m.

Thursday

Book Club (Movie 2:00 p.m.) 10 a.m.

Lunch 12:30 p.m.

Games 11-4 p.m

Saturday

English conversation 2 p.m. - 4 p.m.

Dentist Dr. Rod Navarro

has moved to a new office at

Niño Obrero 508 Suite 6
(Near Lazaro Cardenas)

Please call for appointment

Tel: 3647-5153

Recovery Corner

Alcoholics Anonymous - Chapalita

Friends of Bill W. AA Group have their meetings in the main AmSoc building.

Monday, Wednesday & Friday from 6:00 PM to 7:00 PM.

Lunch and Meeting Group - Open Meetings

Annex of San Antonio de Padua Church
Lázaro Pérez 1410, between Escorza and Rayon
One block south of Niños Héroes and one block east of Enrique Diez de Leon. **Tuesday, Thursday and Saturday from 12 noon to 1 p.m.**



New Year's Day Recipe

Black-eyed Peas and Ham

Ingredients:

- 1 pound dry black-eyed peas
- 2 cups chopped cooked ham
- Salt and pepper to taste
- Some crushed garlic
- 2 onions, diced
- 1 large can tomato sauce



Method:

Place black-eyed peas in 8 quart pot. Add enough water to fill pot 3/4 full. Stir in ham and diced onions, and season with salt, pepper, and garlic. Add tomato sauce to pot. Bring all ingredients to boil. Cover the pot, and simmer on low heat for 2 1/2 to 3 hours, or until the peas are tender.

Note: Apparently, eating legumes on New Year's day is supposed to bring luck. Who knows? At least it's nutritious.

American Society of Jalisco A.C.
Annual General Assembly
24 November 2012

Agenda:

1. Registration of Attendees
 2. Reading and vote on the agenda
 3. President's Report
 4. Treasurer's Report
 5. Report of the Vote on the Modified Constitution
 6. Report on the Vote of New Officers and Board of Directors
 7. Other
 8. Closure
1. The meeting was called to order at 10 AM on Saturday the 24th of November 2012. Due to the lack of a quorum the meeting was reconvened at 10:30 AM with seven AMSOC members in attendance.
 2. The agenda was read by the Secretary and approved by unanimous vote.
 3. The President, Ann Whiting, thanked all of the board members for their participation in contributing so much to the society during the last year, with special thanks to our treasurer John Griffin, our employees Lupita Elizondo and Rocío Huerta and all of the many volunteers who have helped on Thursdays and at our special events. A special mention goes to Regis Soileau, Alejandra Vielma and Joan White. We also wish to thank the Guadalajara Reporter for their continuing support. She noted that during the year we continue to hold special events on a monthly basis, as well as support the Salvation Army Children's Home and the Huichol Indians with blankets and sweaters. This past year significant building maintenance was required and accomplished at a cost of approximately \$90,000 pesos. Bruce Newby has essentially completed the building and replacement of our bookshelves. In addition, the kitchen has a new dishwasher, garbage disposal and exhaust fan as well as new kitchen equipment. We replaced the office computer and the lights on the front door now function with a motion detector. In conclusion, she pointed out that our membership remains stable; our society celebrated 67 in March of this year.
 4. Our treasurer, John Griffin, provided the financial situation of the society, the planned budget for 2013 and the accountant's yearly report. The reports were approved by unanimous vote.

5. The votes were tabulated and the modified constitution was approved by a majority of votes with one nay vote.

6. The votes were tabulated with the following results:

The 2013 officers are:

President	Ann Whiting
First Vice President	Bruce Newby
Honorary Vice President	Sergio Garcia
Treasurer	John Griffin
Secretary	Gerald S. Dankner

The 2013 Board members are:

Diana Golz	David Ruiz
Regis Soileau	Alejandra Vielma
Jim Watkins	Joan White

7. There were no additional items.

The meeting adjourned at 11 AM by unanimous vote.

My New Year Resolutions

- Cut the number of hours I spend at the computer each day down to twelve or less
- Stop saving every empty jar and yoghurt container in case it may come in handy one day (in 2014 I'll work on boxes and plastic bags)
- Finish some of the things I started in 2012
- File my 2003 to 2010 income tax returns
- Stop procrastinating, or find better excuses
- Enjoy the weather, whatever it brings.

Vicki Wootton



Painting by Phan Thu Trang